

Challenging Barriers to Activity

Hastings: Model Community

Angus Bargh



Access ~~=~~ utilisation?

Example: If you make my walk to school easier I will walk to school more often?

No, not necessarily because
this is an **ASSUMED CAUSATION**

Don't take my word for it...

- Stepping towards causation: Do built environments or neighborhood and travel preferences explain physical activity, driving, and obesity? Lawrence Douglas Frank, Brian E. Saelens, Ken E. Powell, James E. Chapman (2007)
- Built Environments **INFLUENCE** Travel Behaviour
- How do we measure causation for active mode barriers?
- “THE SELECTION PROBLEM”

- Do prisoners who reoffend do so because they are influenced by their neighbourhoods? Or do they return to their neighbourhood specifically to commit more crime?
- What do you measure to answer this?...
Selection Problem?

As Engineers we:

- See this:
- Build this:
- And Get This:



- Causation is a simpler problem to solve

- Do people walk and cycle more because the infrastructure encourages it? Or do people who like to walk and cycle move to areas which offer better infrastructure?...
- The prisoner reoffending problem?... Hurricane Katrina showed that a prisoner was nearly twice as likely to recommit crime if released back into the same neighbourhood.
- Epidemiologists are looking at the Christchurch Earthquake to determine the relationship between activity and infrastructure

Model Communities?

- We don't understand causation relationships of walking and cycling
- To achieve change we have to understand the real barriers and constraints to travel options
- Represent existing (model), predict future (model) and assess perception and opinion

NZTA Model Community

- NZTA announced \$7m funding available to become New Zealand's first walking and cycling model community
- 22 Councils submitted expressions of interest
- Hastings and New Plymouth selected as model communities

NZTA Model Community Funding

- Funding to be provided over financial years 2010/11 and 2011/12
- New Plymouth: \$3.71m
- Hastings: \$3.57m

|| The purpose of this investment is to help create an environment that will make walking and cycling easy transport choices. ||

Ms Jenny Chetwynd, Central Regional Director, NZTA
25 June 2010

HDC Vision



HDC Vision: Making Walking and Cycling Irresistible

Four target user groups:

- Walk and Cycle to Work
- Walk and Cycle for Fun
- Walk and Cycle to Shop
- Walk and Cycle to School

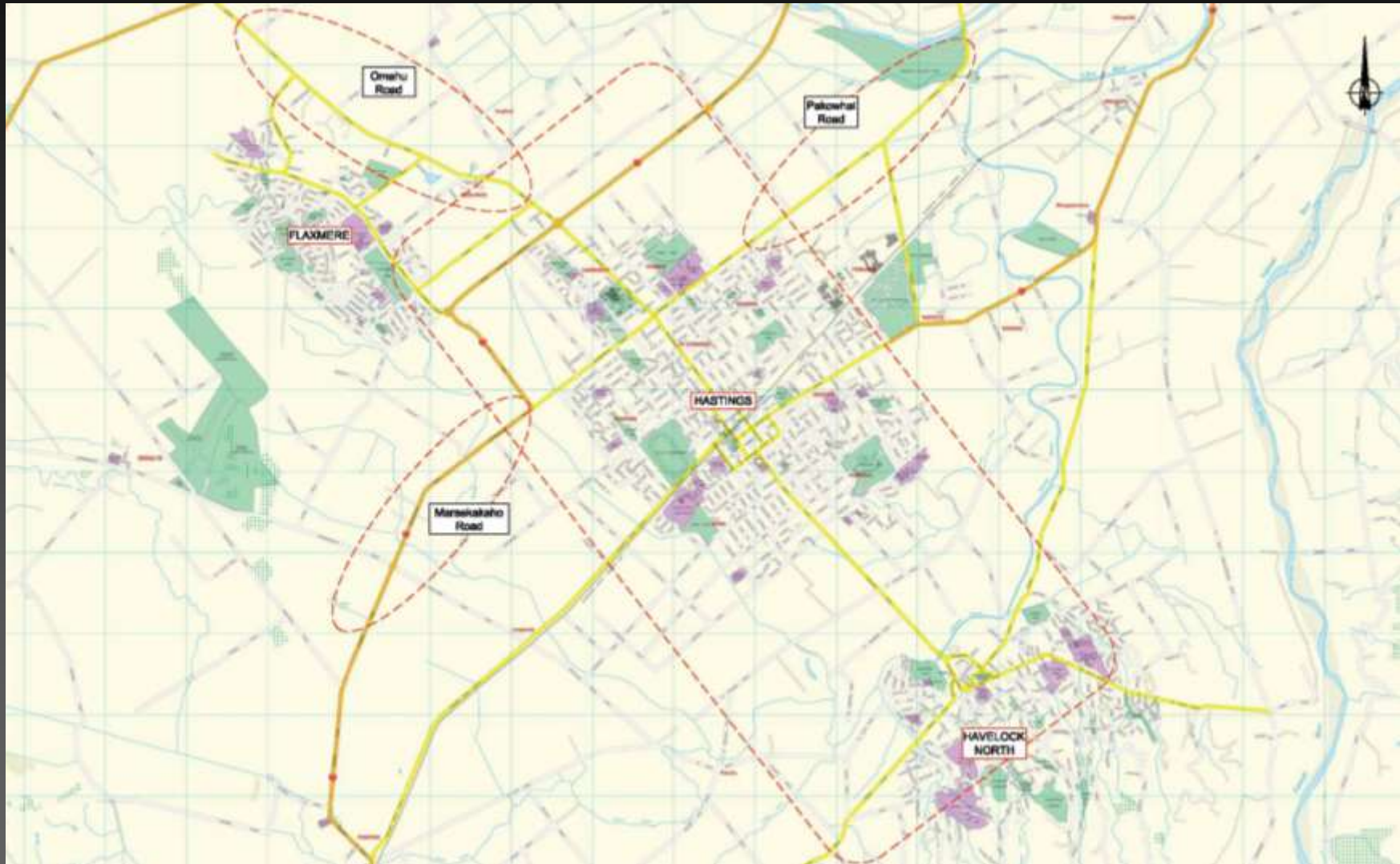
Hastings Area Transportation (HAT) Model

- Commissioned by HDC in May 2009
- Stakeholder Group led by HDC and included NZTA & HBRC
- Multi modal model – Cars, heavy vehicles, buses, cycles and pedestrians
- AM & PM Peak Period Models

HDC Model Communities Application: Utilisation of HAT (traffic) Model

- Select link analysis at several key locations
- Trip length distribution by land use
- Determine proportion of trips along key routes within target distance for mode shift to walking or cycling

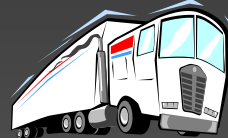
Study Area



Hastings Area Transportation (HAT) Model

Three parts to model:

- Microsimulation model for cars, HGV and PT



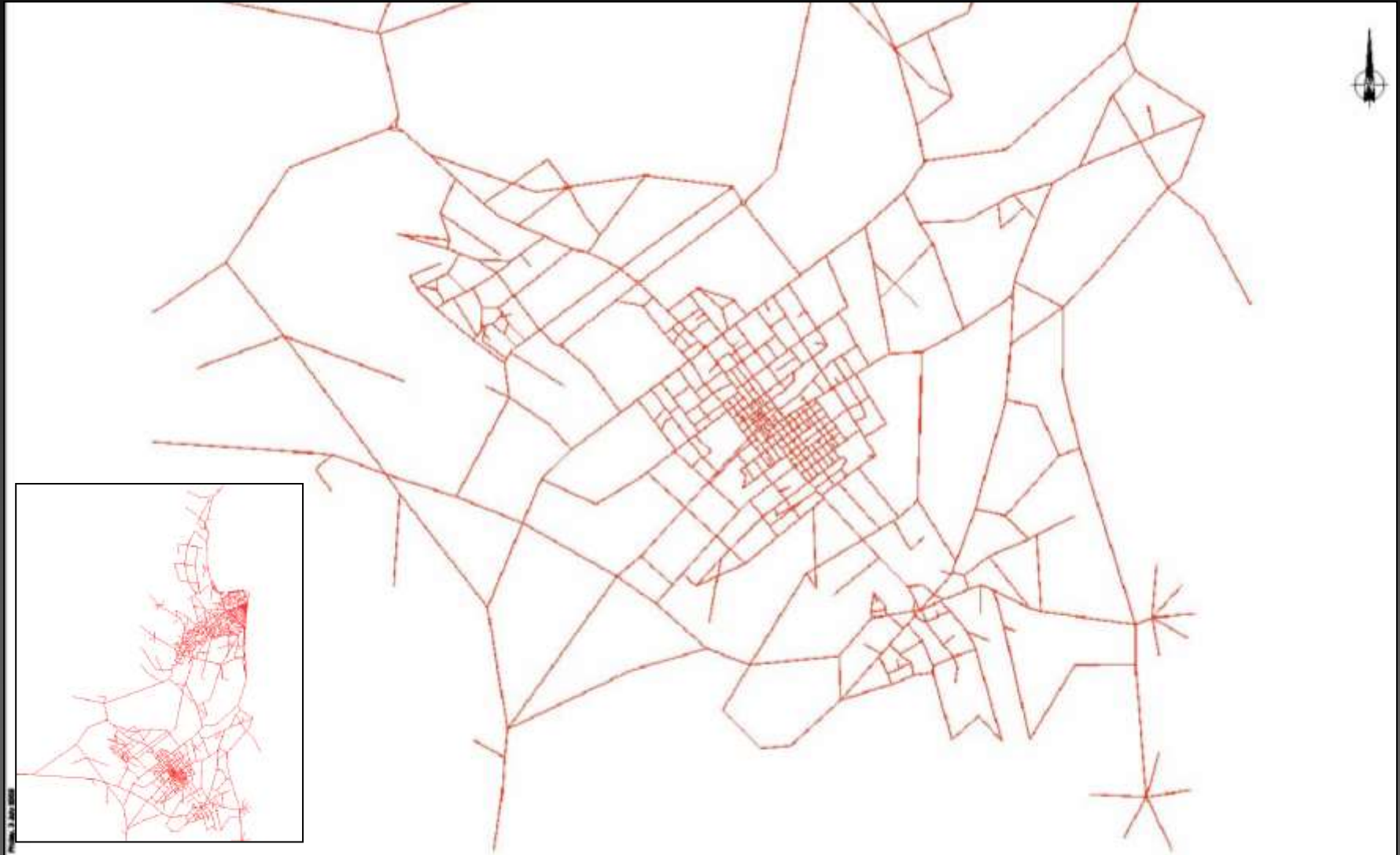
- GIS interface used to analyse cycle network



- Pedestrian activity at key crossing points



Model Network





HAT Model: Pedestrians



- 15 unsignalised pedestrian crossings modelled (Zebra)
- Replicate random arrival of pedestrians
- Frequency and duration of pedestrian calls based on survey information from HDC





HAT Bicycle Model



- Theoretical model – no physical interaction with vehicles
- Shows most likely route choice by cyclists based on distance, prevailing traffic conditions and cycle network infrastructure
- Used to assist with strategic planning of cycling infrastructure

Bicycle Compatibility Index (BCI^[1])

- The form of the BCI model is given below:
- $BCI = C + a1*BL + a2*BLW + a3*CLW + a4*CLV + a5*OLV + a6*SPD + a7*PKG + a8*AREA + AF$

Where:

BL = Presence of a Bicycle Lane or Paved Shoulder

BLW = Bicycle Lane or Paved Shoulder Width

CLW = Curb Lane Width

CLV = Curb Lane Volume

OLV = Other Lane Volume

SPD = 85th Percentile Speed of Traffic

C = Constant

PKG = Presence of a Parking Lane With More Than 30% Occupancy

AREA = Presence of Residential Roadside Development

AF = $f_t + f_p + f_n$

f_t = Adjustment Factor for Truck Volumes

f_p = Adjustment Factor for Parking Turnover

f_n = Adjustment Factor for Right Turn Volumes

And:

C = 3.67

a1 = -0.966

a2 = -0.125

a3 = -0.152

a4 = 0.002

a5 = 0.0004

a6 = 0.035

a7 = 0.506

a8 = -0.264

[1] Federal Highway Administration by the Highway Safety Research Center at the University of North Carolina (Harkey et al., 1998).

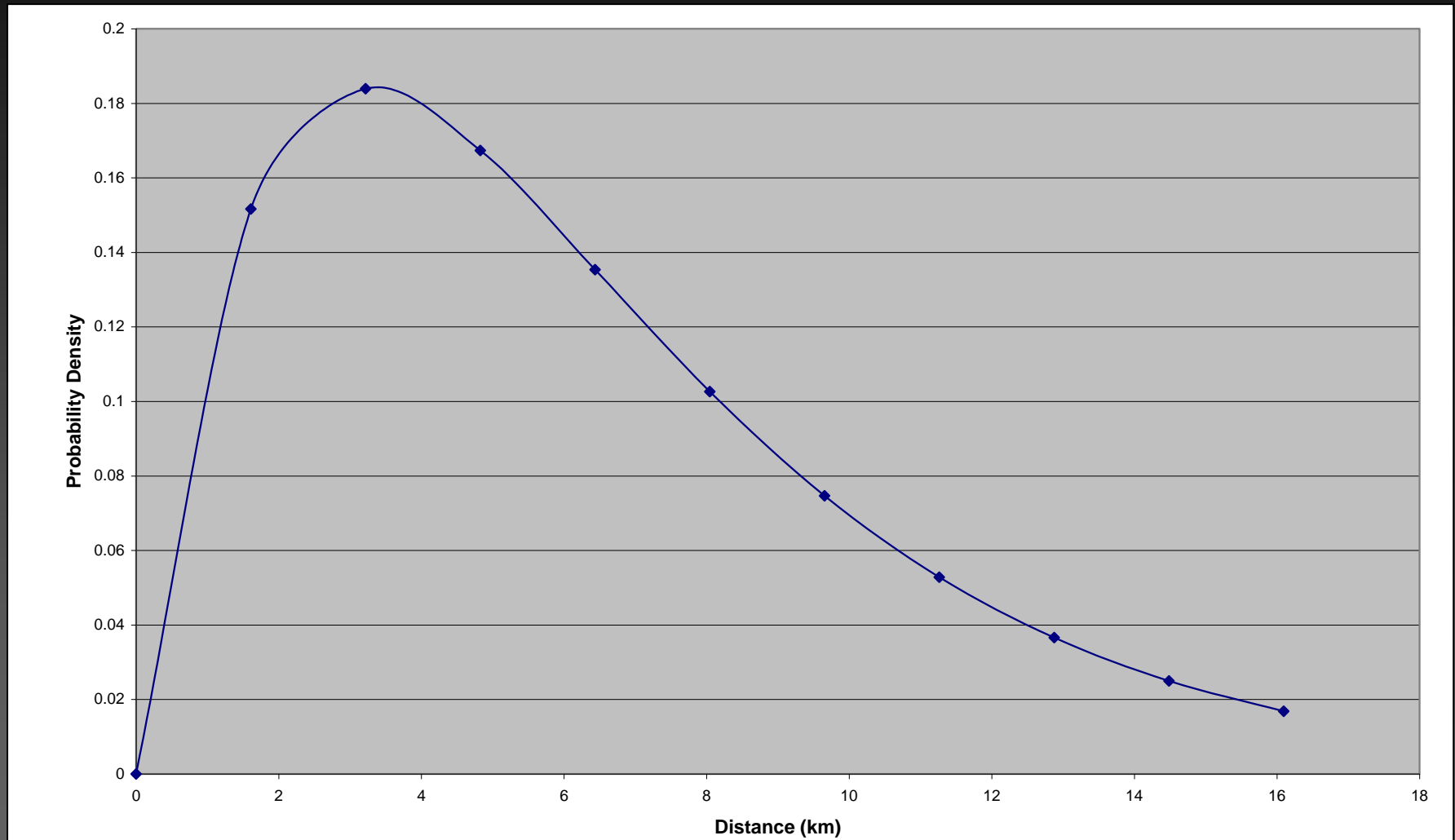


HAT Bicycle Model



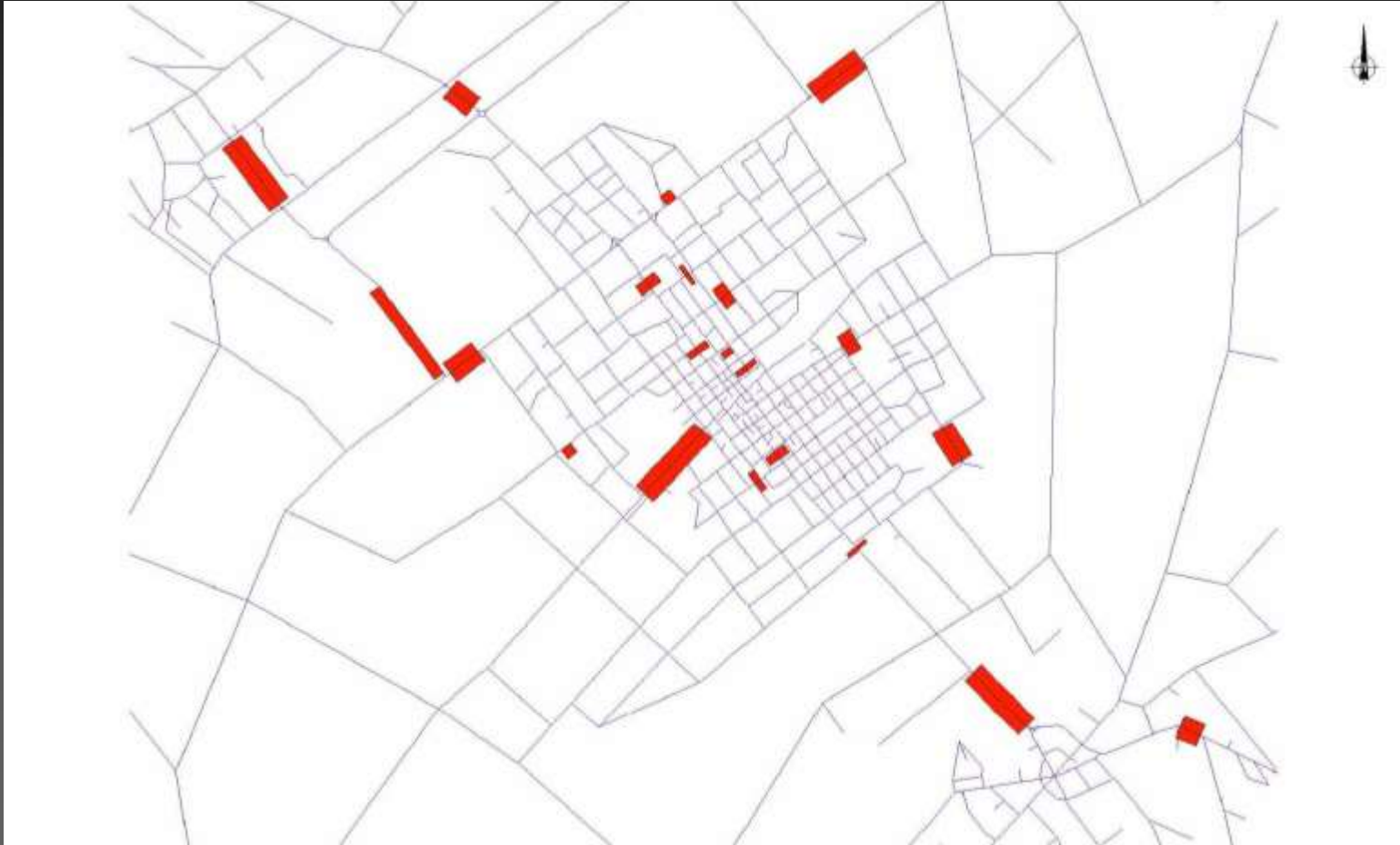
- Calculated BCI for each link is applied as a link cost factor in Paramics Bicycle Model
- Bicycle trip length distribution follows probability density function (gamma function) described in BCI paper.
- All link speeds set to 20kph

BCI Bicycle Trip Length Distribution

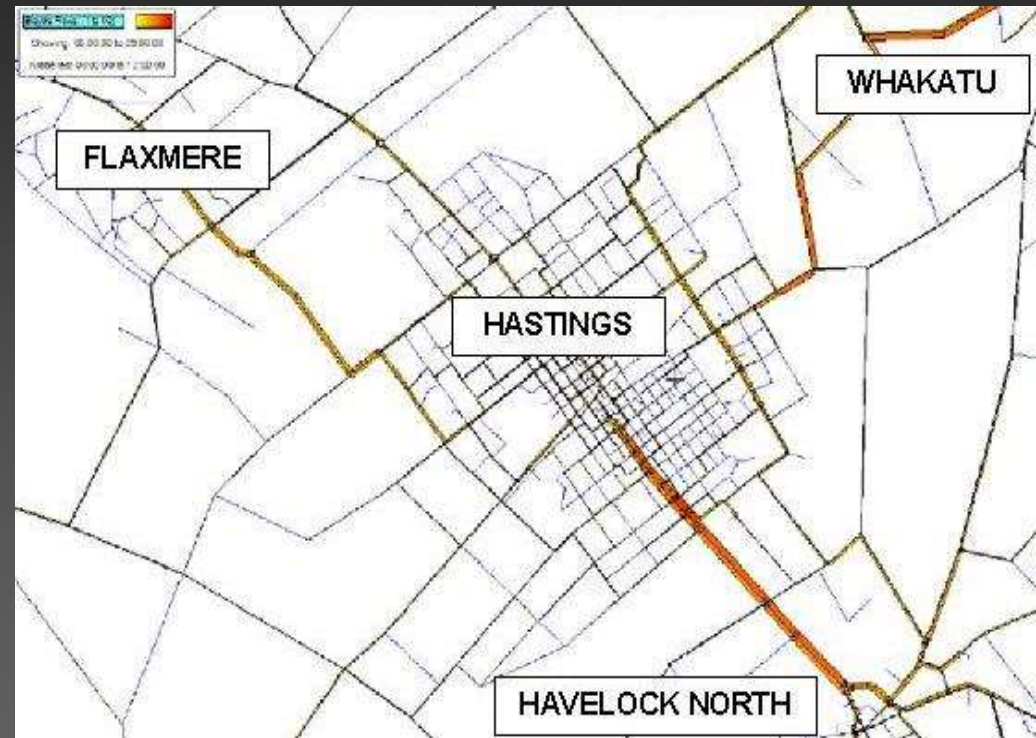
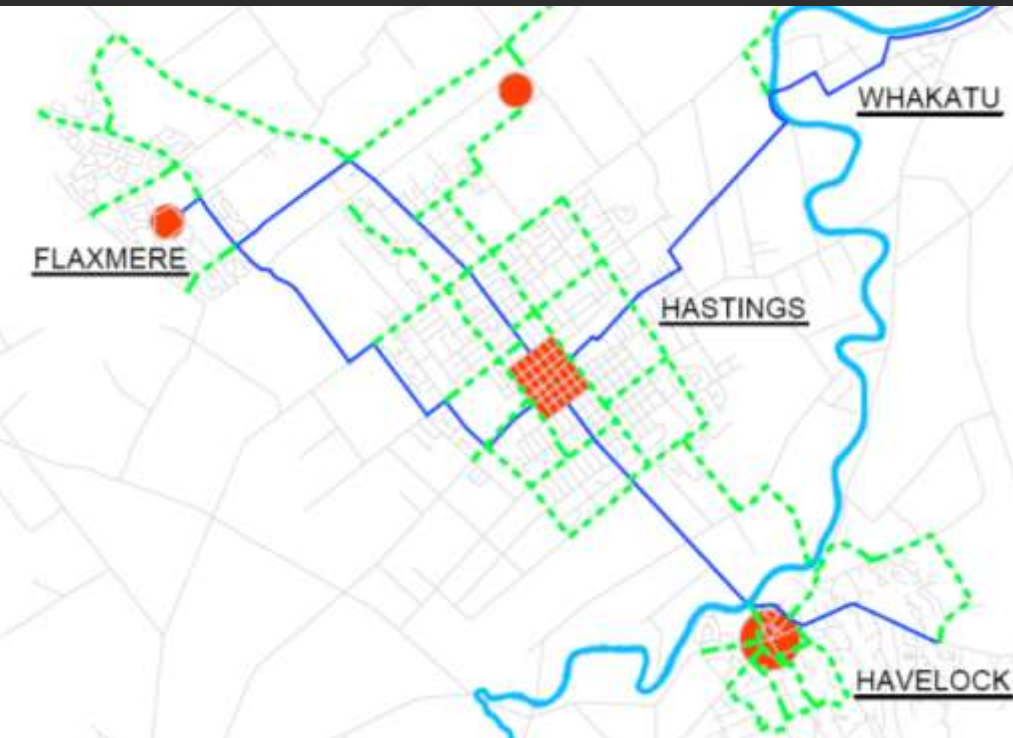


Bicycle Count Locations

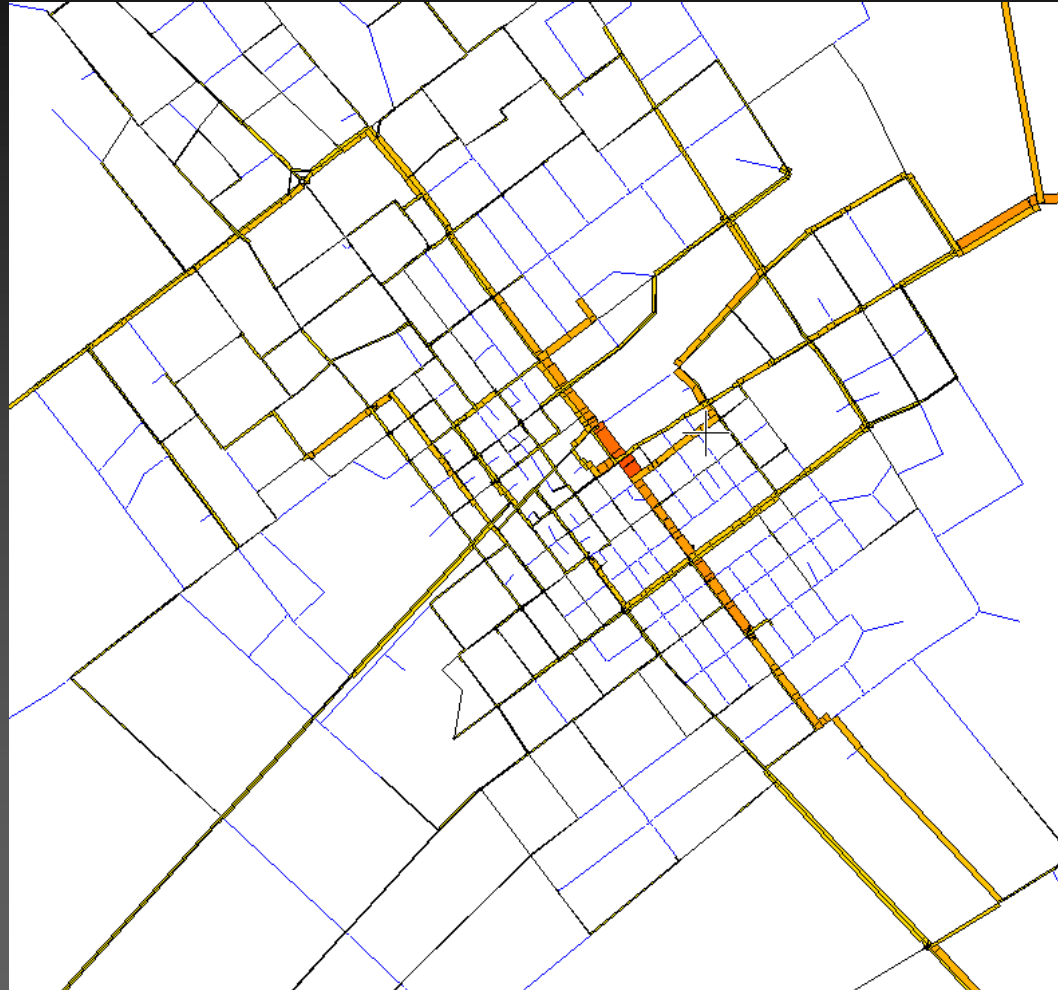
23 Two-Way Counts



Linking Model Outputs with the Model Community Network

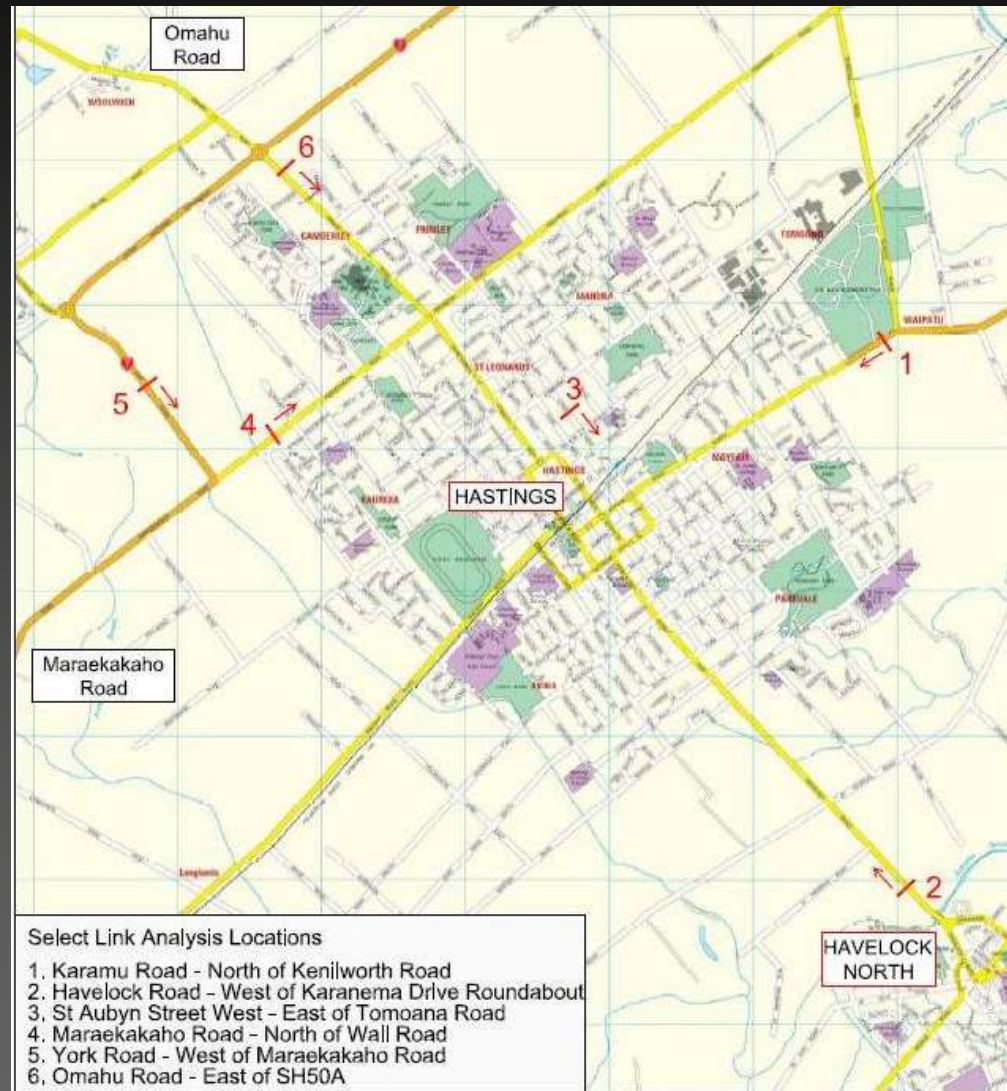


Option Test: Upgrade of St. Aubyn Street



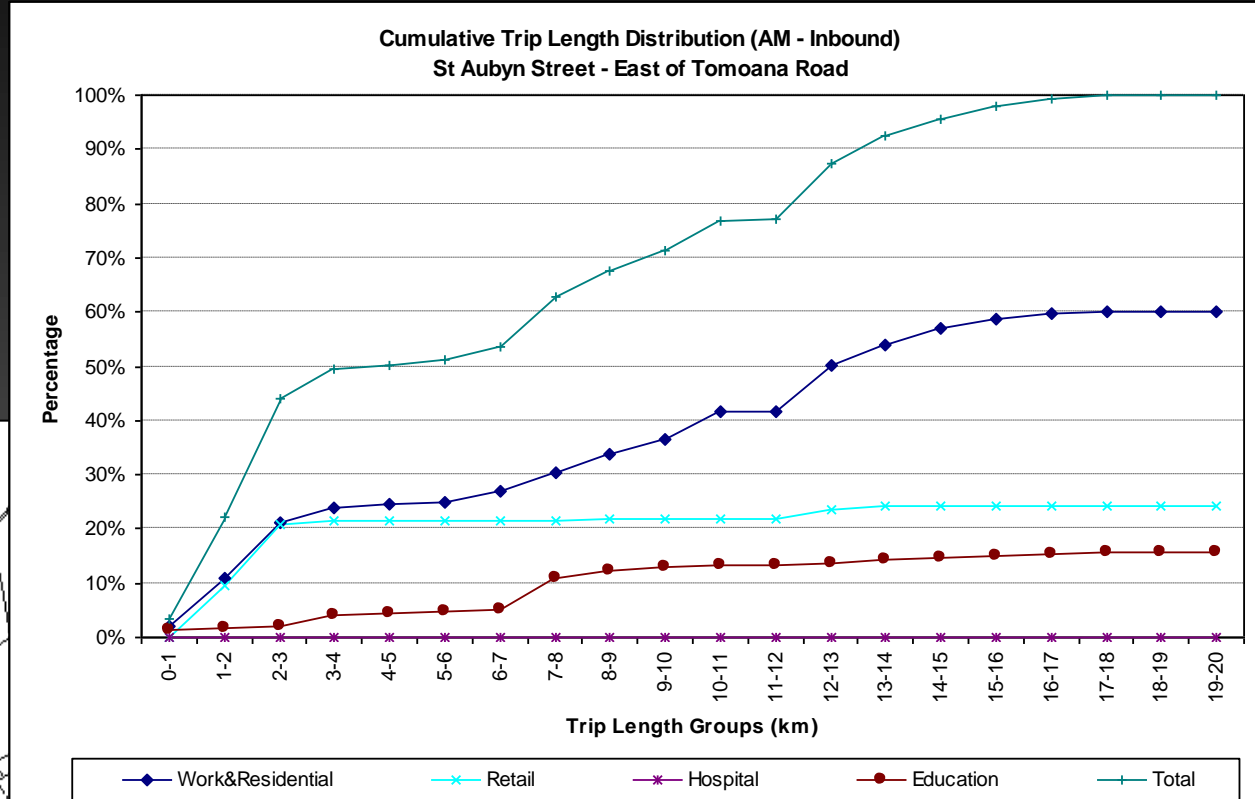
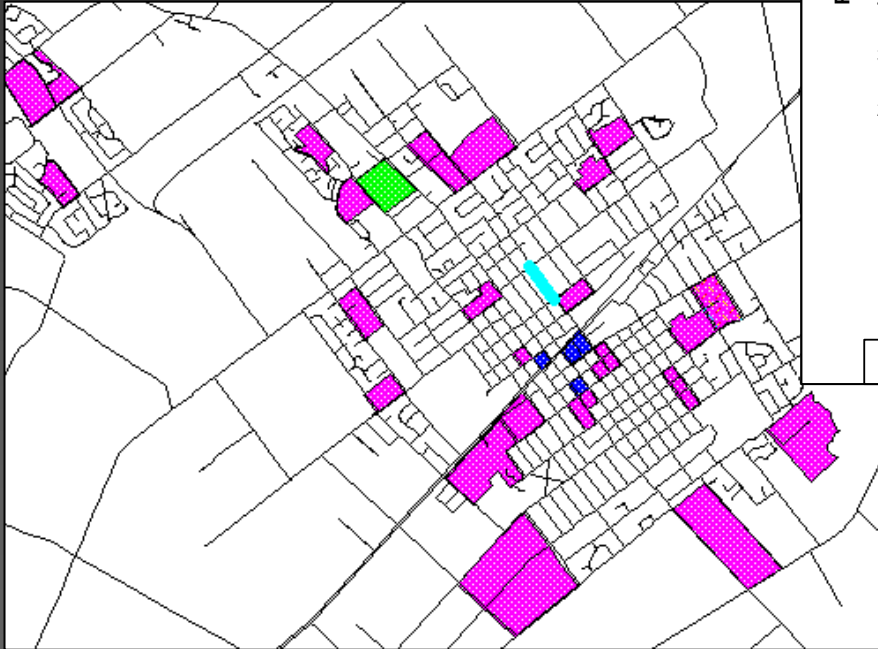
PM Peak Option Test Bicycle Flows

Select Link Locations



St. Aubyn Street – East of Tomoana Rd

- Pink = Schools
- Blue = Retail
- Green = Hospital



HAT Model Purpose

- Enable HDC to plan for the sustainable growth of Hastings in the immediate and long term future
- Build a multi-modal modelling platform
- Determine the functionality of existing Hastings urban roading network

How are we challenging activity and behaviour in Hastings

- Represent real world constraints... through regional land-use model (vehicle ownership, income levels, household compositions etc)
- Determine detailed distribution and assignment (microsimulation model)
- Assess who travels less than 8km and what their trip purpose is
- Levy organisations with specific targets for activity
- Analyse where \$ is best put for optimal cycle routing

Conclusion: Encouraging Activity

(Until our health professionals tell us otherwise)

- Identify Who To Target
- Engage Them in Process

Many thanks to Hastings District Council



Angus Bargh
BSc, MSc, MIPENZ, CPeng, IntPE(NZ)

angus.bargh@tdg.co.nz

Traffic Design Group

